

# Finding Your Way Conference

## Guest Speakers & Facilitators



### Robert Allen



*Robert Allen is the Founder of Sands United. After losing his daughter Niamh in October 2017, he helped organise a charity football game raising around £6000. Following this Sands United was born from the players who took part that day. The bonds built and friendships made were so strong they knew they had built something special, a safe place for men who had lost children to share, to talk, to just be themselves. After the first team formed in June 2018 there are now over 15 teams across the country providing support to all men affected by loss*

### Jonathan Bird



*Jonathan Bird is a proven business owner, international speaker, dedicated marketer and a bereaved father. He is the CEO of Delivered Social, a digital marketing agency based in Guildford.*

*He uses his vast knowledge of social media platforms to deliver expert business advice to high-profile clients in various major sectors. Jonathan has spoken on digital marketing and social media at conferences and events around the UK. He has also travelled the globe, giving his social media masterclass in such nations as Dubai.*

### Richard Boyd



*Rich is a bereaved father of two stillborn twins and three rainbow children, writing about experiences of stillbirth, miscarriage and life afterwards. He has been writing to raise awareness of the many different aspects of loss for four years, is an active participant in the wider pregnancy and baby loss community, and supports bereaved parents in the workplace and as a befriender for Tamba. You can follow him on [Twitter](#), [Instagram](#) and [Facebook](#).*

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### Peter Byrom



*Following the loss of his first son Thomas in January 2004, Peter felt for years that support wasn't out there for him. He felt lost but didn't want to be the only bloke in the room at a support meeting. That all changed after he took part in the Bristol 10K in May 2018 to raise money for Sands and realised that support can come in many different forms. Within a month he'd been to his first support meeting and joined the committee. He now looks after the social media accounts for Bristol Sands, is the manager of Sands United Bristol FC and a befriender for Bristol Sands.*

### Sophie Daniels



*Sophie Daniels is a Professional (usually non-performing), Songwriter and Head of Songwriting at The Institute of Contemporary Music Performance, (ICMP) where she pioneered Songwriting Provision in 2004. She is also a wife and mother to three children, Liberty, Cosmo and Rocco. Liberty died in 2011 and inspired the not for profit EP project 'Liberty's Mother'.*

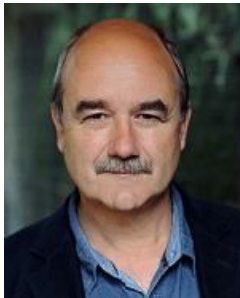
*Liberty's Mother came about instinctively, after Sophie was invited to sing at a ceremony for MPs who had lost babies, which took place during Baby Loss Awareness Week 2018. Sophie was asked to perform her original song 'I Can Love You From Here', which was written by Sophie just ten weeks after her own baby daughter, Liberty, was stillborn at full term in 2011. The song had not been planned for sharing as part of her professional career, however, the reaction that followed that performance from MPs, charities and health professionals alike, convinced Sophie to record the song in Nashville and, ultimately, to turn it into a not for profit EP project about her experiences as a Mother who has lost her baby.*

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### David Haig



*David Haig has had a varied acting career on stage and screen including roles in the hit British film Four Weddings and A Funeral; the BBC television sitcom The Thin Blue Line; and in My Boy Jack, his own screenplay about Rudyard Kipling and the death of his son, Jack. In 1988 he won an Olivier Award for his performance in Our Country's Good.*

*More recently he has appeared in the TV drama Killing Eve, and in the film Downton Abbey.*

*David became involved with us after his daughter Grace was stillborn in 1996. He supports us as an Ambassador in many ways, including by writing a foreword for one of our books Fathers Feel too. David lives in London with his partner Julia and their 5 other children.*

### Asma Khalil



*Asma Khalil is a consultant obstetrician at St George's Hospital and Professor at St George's Medical School, University of London. She is a subspecialist in Maternal and Fetal Medicine. She gained her MD(Res) at the University of London in 2009. She also has a Masters degree in Epidemiology from the London School of Hygiene & Tropical Medicine and an MRC scholarship.*

*She has published more than 170 peer reviewed papers, and many published review articles and chapters. She was awarded many research prizes, both at national and international meetings. Her research interests include multiple pregnancy, hypertensive disease in pregnancy and fetal growth restriction. She is committed to the implementation of clinical guidelines in practice and believes that they could reduce inequalities in care across the NHS. She is an Expert Advisor to NICE and co-chaired the South West Maternity Network. She also chaired the Steering Committee of the Maternity Engagement Project to improve the outcomes of multiple pregnancies by implementing NICE quality standards. She is a member of the national fetal medicine Clinical Study Group.*

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### Michael O'Neil



*Michael is from Prestwick, Ayrshire and his firstborn son, Keden Michael O'Neil, was sadly stillborn at 39 weeks on 5th August 1997. Michael is married to Karen and they now have a daughter and another 3 sons.*

*Michael is a self-employed chef with an event catering company and has a passion for cooking and football. He is currently trying to establish Sands United Scotland FC.*

### Vicky Paul



*Vicky Paul is an intuitive artist and writer who works with individuals and groups to create transformation. Following a life changing experience in her 30's, Vicky brings authenticity, compassion and humour to everything she does, and her greatest wish is to help you live your life in alignment with who you truly are. Vicky is a certified Yoga Teacher and Soul Plan Practitioner and in addition to painting, she is also writing a book about soul reconnection which will be published by That Guy's House in 2020. For more information [www.vickypaul.com](http://www.vickypaul.com)*

### Rebekah Walsh



*Rebekah has worked as a midwife for over 10 years, working in an acute setting and in a community midwifery team. She is a midwifery mentor, Newborn and Infant Physical Examination (NIPE) practitioner, trained in frenotomy and has led the development of an antenatal education programme. Rebekah took the role of Bereavement Midwife 14 months ago which was new to the Royal United Hospital, Bath. The hospital joined wave 2 of the pilot of the National Bereavement Care Pathways in April 2018 for which she led on the implementation of the Pathways. Rebekah links with many departments, professional groups, charities and families with the aim of improving care following baby loss.*