



WALK
50K IN MAY



Sands

sands.org.uk/walk-50k

WALK 50K IN MAY FAQs

Thank you. Thank you. Thank you for being part of Walk 50k in May. We know you must be so excited and counting down the days until 1st May – we are too!

You may have questions about the upcoming challenge. Check out our FAQs here for the answers! If your question isn't answered here, please visit <https://sands.org.uk/walk-50k-may> or contact a member of our team by emailing walk@sands.org.uk

How do I raise money?

Facebook Fundraisers are the easiest way to raise money. One was set up for you when you registered for your pack. You can find it here: www.facebook.com/fund

How can my friends who aren't on Facebook donate?

Unfortunately it isn't possible to donate to a Facebook fundraiser if you don't have an account. We suggest asking them to transfer you the money, and you paying it to your Facebook fundraiser yourself. They could also donate via our website: www.sands.org.uk/donate and add the challenge name 'Walk 50k in May' and your name. Please also email walk@sands.org.uk to let us know about this donation.

My t-shirt doesn't fit/I ordered the wrong size. Can you change it?

Of course. Please email shop@shop-sands.org.uk to let us know what size you received, and what size you need. We'll then send a new t-shirt with an envelope to return the other.

Can I just raise money offline with a sponsorship form?

Absolutely. You can collect sponsorship in any way you like. If you'd like a sponsorship form, you can download one from here: www.sands.org.uk/sponsorshipform

Can I raise money on another online platform like JustGiving?

Yes, if you would like. Facebook sends the money directly to us and doesn't charge you or us any fees, but if you would like to set up a fundraising page on another online platform, we recommend JustGiving. Go to www.justgiving.com/campaign/walk50kinmay

How do I keep track of how many kilometres I've done?

Strava is a great app for tracking your challenge. Once you're home, use the tracker on the reverse of this sheet to record how many kilometres you did.

Do I have to walk my kilometres?

It's up to you! We think most people will walk or run the kilometers, but if you want to complete them a different way, then go for it! Just be sure to post your progress and updates on your Facebook Fundraising page so friends and family can cheer you on and we can see how you're doing too!

Can I start late or early?

Of course! So long as you complete 50 kilometers in 31 days, it doesn't matter if you start early, late or need to miss a day.

Where will my friends' money go?

Directly to us at Sands. This happens automatically through Facebook and Justgiving.

Do I have to prove I've completed the challenge?

You don't need to prove you've completed the distance – we trust you! You can post videos, pictures and updates on your Facebook Fundraiser and in the group though. Sharing updates is also a great way to show those who have sponsored you that you're committed to completing the challenge.

How do I pay in my fundraising?

If you've collected offline fundraising, the easiest way to pay this to Sands is by donating on our website. You can do this here: www.sands.org.uk/donate. Make sure to say that your money is for your Walk 50k in May challenge so that we can make sure it is added to your total.

How do I send you my sponsorship form?

If you've collected cash donations and have a completed sponsorship form, do scan and email this to us at walk@sands.org.uk so we claim any gift aid. If you're not able to scan or send us a clear photograph, drop us an email anyway and we can let you know where to send your form via post.