

# Trek Together

10 or 20 mile hike

Lake District

Saturday 12<sup>th</sup>  
September 2026

Keswick, Lake District

Take on a 10 or 20 mile hike in the Lake District this September. Help fund vital research and support parents facing baby loss.

Sign-up today

[sands.org.uk/trek-together](https://sands.org.uk/trek-together)



Team Deal  
Book 5 places,  
pay for 4.

