



#FindingYourWay Conference

23rd November 2019
Resource for London



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Volunteer Awards

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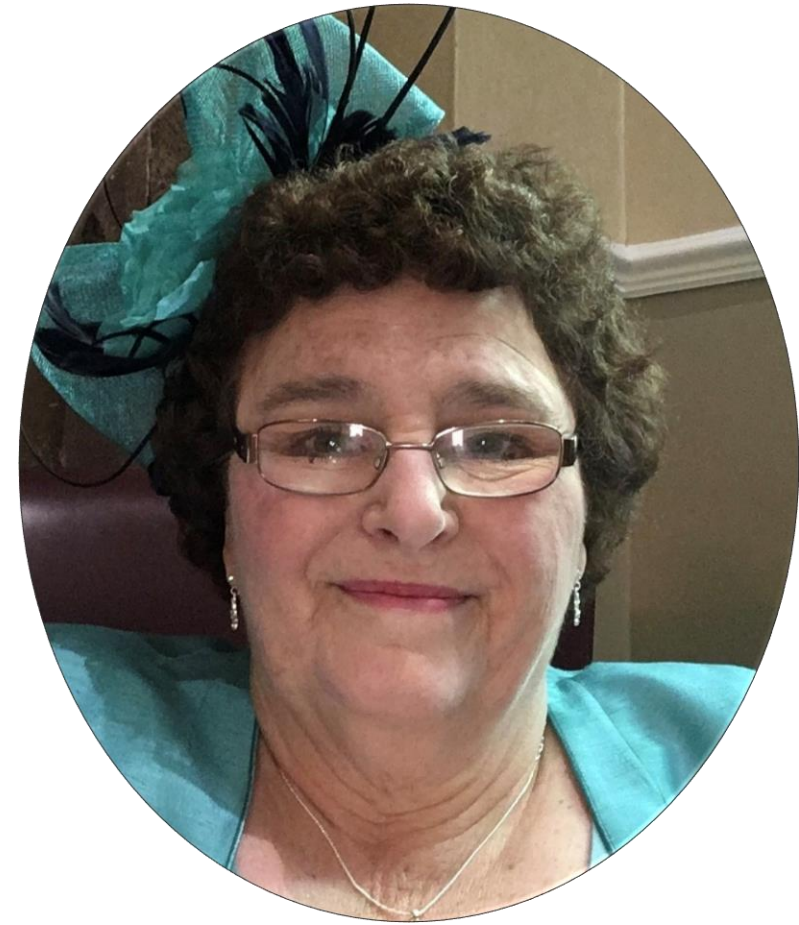
Betty Clarke

Befriender, Derby Sands

Support & Awareness Award

Betty not only supports Derby Sands as a befriender, she also supports other groups when they are short and is a mentor to new befrienders.

“I got involved with Sands when my first granddaughter, Francesca, was stillborn in 2011. I had the time and energy I would have spent with her to put to use for Sands. I am a befriender, committee member and also bake and run a Christmas cake sale.”



Leslie Altic

Befriender, Belfast Sands

Support Award

Leslie is a befriender at support meetings, and has set up next pregnancy meetings too. She is always willing to help out. Her cycle rides have raised lots of funds.

“The support that we got when we lost our son, and the friendships that we have made, have carried us through. There is something special about being surrounded by parents who have experienced the same thing, knowing that you’re not alone and everything you feel is normal.”



Ross Coniam

Fundraiser, Northampton

Fundraising Award

Ross has raised in excess of £52k for four charities in 2019. He set himself nine challenges, including marathons, bike rides, a 6 day walk and the 3 Peaks.

"I had never heard of Sands, but we were given lots of literature at the hospital. After reading that I knew I wanted to help them to help others. In 2019, I have taken on nine physical challenges #Nine4Norah and I also play football for Sands United FC in Northampton."



Maxine Hosking

Chair, Nottinghamshire Sands

Awareness Award

Maxine always looks for avenues to help raise awareness and funds, and did not hesitate to step up when the group needed a chair.

“Nottinghamshire Sands to me is like family, people who 'get it' and understand. One of my proudest achievements for Sands is the I'm the Face of Baby Loss campaign for this year's Baby Loss Awareness Week, raising awareness both in Nottinghamshire and nationally.”



Nia Wyn Williams

Treasurer and befriender, Gwynedd Sands

Leadership Award

Nia is always happy to go the extra mile. As well as being Treasurer and befriender, she is also a creative fundraiser – her chutney is famous!



“I first became involved with the group in 2003 after the loss of my daughter Mai Wyn. I am very proud to be part of Gwynedd Sands, and all we have achieved. This year, I was able to get Caernarfon Castle to light up for Baby Loss Awareness Week 2019.”

Peter Byrom

Befriender and social media, Bristol Sands

Inclusion Award

Peter is a befriender with a focus on enabling local men to get the best support for them. He also manages the group's social media.

"The amazing group of volunteers at Bristol Sands who I am privileged to call friends, motivates me to stay involved. Their drive and passion to try and reach out to people who've been affected by the loss of a baby and let them know support is available is inspiring."



Victoria & Jason Michaelides

Fundraisers

Fundraising Award

Victoria & Jason have done so much fundraising for Sands over the last three years. From skydives to charity golf days, their dedication seems limitless.

“We decided to raise money to donate to the charities that helped us after losing JJ – Sands is one of these charities. Over the past three years of hosting JJ’s Charity Golf Day we have raised over £30k to donate to three charities that we hold close to our hearts.”



Fiona Donald

Chair, Aberdeen Sands

Support Award

Fiona has spent years supporting local parents, building the group, organising remembrance events, linking with the hospital, fundraising, and much more.

“Supporting parents, encouraging others to get involved and trying to ensure that bereaved parents and families get the best care in the two maternity hospitals and raising awareness of Sands is really important to me.”



Professor Gordon Smith & PEP

on behalf of Sands Perinatal Expert Panel (PEP)

Leadership Award

The PEP have had a huge impact on Sands work, identifying innovative research and providing expert reviews. Professor Gordon Smith chairs the group, advising on Sands high-quality research support.



“I have been privileged to work with Sands for more than 10 years, to facilitate the charity’s interaction with the research world. I am particularly proud that Sands is now part of the Association of Medical Research Charities.”

Marion Boyd

Chair, Ayrshire Sands

Support Award

Marion is one of the founder members of Ayrshire Sands. She has been at the heart of supporting local parents and is also Vice Chair of the Scottish Steering Group.

“Supporting bereaved parents is important and always will be the core value of our group. If going through the most devastating time of our lives, we can help others to find light at the end of the darkest tunnel, then something positive has come from losing our special girl, Gillian.”



Kate Breen & Bradford Sands

Volunteers, Bradford Sands

Innovation Award

The group's allotment project has combined the therapeutic aspects of gardening and physical activity with bereavement support, whilst creating a wild remembrance space for local families.

"It is part of human nature to make and create things, and this is an important part of healing and processing grief. I hope our Memory Garden will provide that space and those opportunities for local families."





Thank you!





Discover the impact of our work



See our latest
Impact Report at
sands.org.uk/ourimpact





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Final summary and close

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