

# Can **YOU** help?

## Collect stamps in aid of



**We all receive letters and cards in the mail with postage stamps on the envelopes.**

**Now is your chance to help raise vital funds for Sands from something that is normally thrown out with the rubbish!**

**Start collecting used postage stamps in aid of Sands today. Ideally stamps should be torn or cut from the envelope leaving AT LEAST half an inch of paper around the entire edge. Anything closer and the stamps lose their value - torn or disfigured stamps are of no use.**

**When you have a reasonable amount collected, please send them to the address below or leave them in the tub provided.**

**Stamps for Sands  
10 Bellamy Avenue  
Hartcliffe  
Bristol BS13 0HW**

**Thank you for your support!**

**Every day in the UK, 17 babies are stillborn or die within the first 28 days of life. Sands, the stillbirth & neonatal death charity supports anyone affected by the death of a baby and promotes research to reduce the loss of babies' lives.**

**For more information visit [www.uk-sands.org](http://www.uk-sands.org)**

**Sands, 3<sup>rd</sup> Floor, 28 Portland Place, London, W1B 1LY  
Helpline: 020 7436 5881    Office: 020 7436 7940**

Charity Registration Number : 299679